

# Easy Chord Change Couples

Listen to the mp3 which accompanies this lesson at [physicalguitar.com](http://physicalguitar.com)!

The image displays three musical staves, each illustrating a sequence of chord changes. Above each staff are guitar chord diagrams and their corresponding names. The notation includes square symbols for fretting and 'V' for picking. The first staff shows transitions between Amin7, D7, Emin, and A7. The second staff shows transitions between G, Emin, Amin, and E7. The third staff shows transitions between C, Amin, E, and D.

## Cleaning Up Your Chord Changes

1. Hold your pick with a relaxed grip and brush lightly across the strings; be sure to play only the notes necessary for the chord to sound correctly.
2. Be sure your fingers are placed in the center of the fret, or just behind it so each note of the chord sounds clear and clean
3. Press the strings just hard enough to get a clear, clean sound. Use the leverage of the fingers and thumb of your fretting hand.
4. If your fretting finger touches a neighboring string and you get a muted sound, bring the neck of the guitar back toward your left shoulder and arch your wrist slightly under the fretboard. Experiment patiently with the curvature and angles of your fingers, wiggling them into place until you get a clean sound.
5. Look for similarities in the chord shapes and visually anticipate your fretting finger movement.
6. Start slowly and gradually increase your speed; practice each change until it becomes second nature!