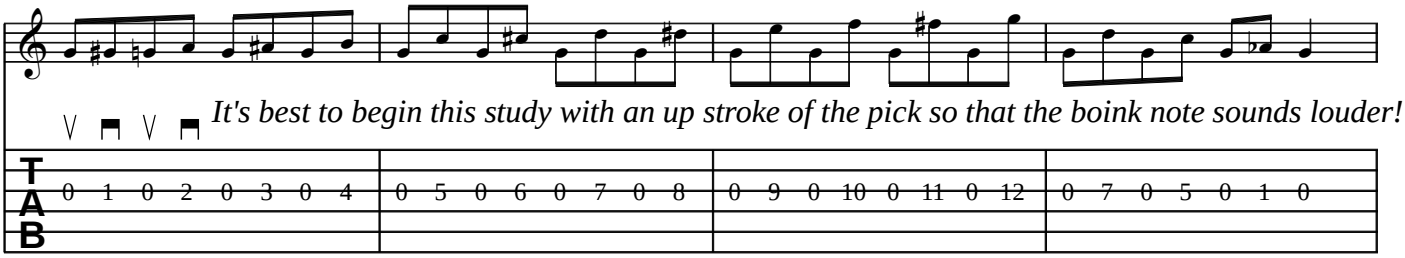
Exercise #5 - Chromatic Boink!

(Chromatic means using every consecutive fret)

This is a high speed timing drill, but please start slowly! The "boink"note is the one that constantly changes.
Be sure that it sounds just clean and clear as the open string tones!
Don't cheat on the length of the "boink" note

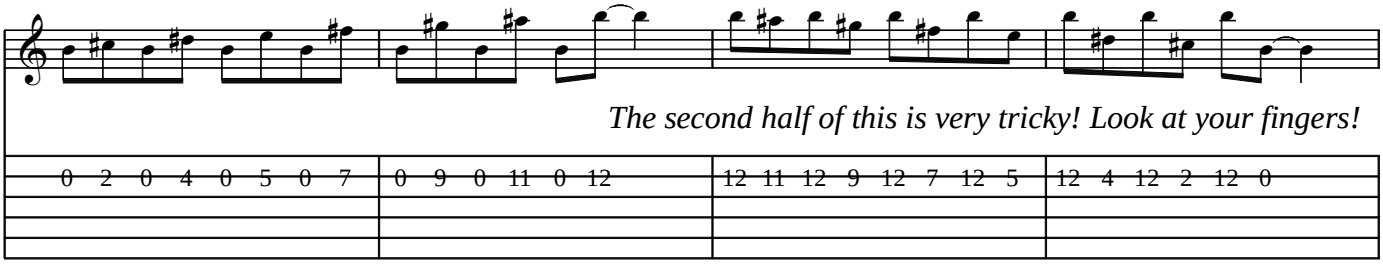
Play the "boink" note with any finger of the left hand you choose or, for a real ***Physical Guitar*** challenge, alternate through all of them!



Both "boink" drills should be played on each string of the guitar!

Exercise #6 - Diatonic Boink!

(Diatonic refers to a major scale. You know the doe, re, mi, fa, sol thing!)



0 1 0 1 0 1 0 1 0 1 0 1 0 1 4 3 4 1 4 1 4 1 4 1 4 1 4 0

Watch out! This gets quite nasty!

Play the boink drills over and over!
Be a Physical Guitar giant among pickers!

Notes on these exercises

1. Start slowly with smooth and meaningful finger movement.
2. Stay relaxed in the face of extreme difficulty!
3. Use your metronome!
4. Don't get too upset at me for the second half of Number 5!
5. If you're really frustrated, don't go on to the next page because the **Two-Fingered Boink Drill** will drive you crazy!
6. *BE* the ***Physical Guitar*** ist !

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